

Body, Mind, and Sugar

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ILLUSTRATED WITH CHARTS
AND DIAGRAMS

*Chronic fatigue . . . allergies . . .
asthma . . . peptic ulcers . . . rheu-
matoid arthritis . . . neuroses . . .
alcoholism . . . drug addiction . . .
insanity . . . suicide . . . murder . . .*

For the estimated *ten to thirty million* Americans affected by these conditions, BODY, MIND, AND SUGAR brings new hope for health and happiness. This book is about "sugar starvation" (hyperinsulinism) — a vital but little-known medical discovery which was first revealed some years ago, but which only today is coming to be understood generally by the medical profession.

Medical research shows that many breakdowns of the human system are associated with hyperinsulinism. In this curious condition the body manufactures *too much* insulin, with a resultant deficiency in the amount of sugar in the blood. The opposite of diabetes, hyperinsulinism is a state of sugar starvation in which the human body is denied the sugar-fuel essential for normal, healthy life. The result invariably is a breakdown somewhere in the system, varying from late afternoon fatigue to

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as much as insanity, or even suicide or murder.

BODY, MIND, AND SUGAR tells the full story of hyperinsulinism — how several physicians, working independently of each other, probed into the mysterious glandular structure of the body and discovered many key aspects of this disease. BODY, MIND, AND SUGAR clearly explains every phase of hyperinsulinism and gives simple diets which have been successfully used in its treatment. In addition, the book includes many fascinating case histories which will help you understand the true nature of the disease.

Little information about hyperinsulinism has reached the public until the release of this book. Many of the startling findings in BODY, MIND, AND SUGAR will be important news to physicians and laymen alike, for hyperinsulinism has been "the stepchild of medicine." The first popular book ever published on the subject, BODY, MIND, AND SUGAR will surely shatter many time-honored medical concepts and stir up lively controversy throughout the world.

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Dr. Abrahamson, a noted specialist on diabetes and hyperinsulinism, was the first to associate hyperinsulinism with allergies.

Mr. Pezet, his collaborator, suffered from "sugar starvation" for many years; his research first related these findings to the problem of alcoholism.

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