

### ADDICTS ANONYMOUS

The hospital cooperates in the sponsorship of an Addicts Anonymous group, an affiliation you may well want to continue later in the city where you live.

Addicts Anonymous is patterned after Alcoholics Anonymous. Anyone is eligible who admits powerlessness over drugs and expresses a sincere desire to stop taking them. It is a bond of communication for an addict, who, after he goes outside, often feels that no one can understand him but another addict. Joining an AA Group can fill this need, reassure the addict that he is not alone, and reinforce his own determination to stay off drugs by helping other addicts do the same.

Regular meetings of AA are held three times a week. Find out who your AA chairman is from your Aid or Supervisor.

Joint male and female AA group meetings are held once a week.

#### Other Group Programs:

You may want to participate in cultural and intellectual activities while in the hospital. If you are interested in drama, music, lectures, debates and unit movies, discuss this with your ward doctor.

### PATIENTS' PUBLICATIONS

Two patient publications are published in the hospital: "The Blue Grass Times" and "The Key".

The TIMES is published tri-weekly under the direction of the Vocational and Educational Unit for distribution of institutional news and information to patients. It also provides patients means of self-expression.

News items and literary contributions may be submitted to the Editor or to the Chief of the Vocational and Educational Unit.

As this Hospital's official journal for patients, the TIMES can be relied upon as a source of accurate information. The editorial staff goes to great lengths to provide its readers with completely authentic, up-to-date accounts of all Hospital activities.

The KEY is the official publication for the Hospital's Addicts Anonymous Group. It is published once a month under the direction of the Vocational and Educational Unit and provides members of AA with an opportunity to express their views in print.

Literary contributions are encouraged and may be submitted to the Editor or the Chief of the Vocational and Educational Unit. The KEY is devoted exclusively to AA and related subjects.

### KOLB HALL

Kolb Hall is the separate building to the west of the main building. Occasionally you may hear someone call it the "Women's Building". At one time it was used for women only. The building is now used for the hospitalization of non-addict psychiatric patients and beneficiaries of the Public Health Service, such as American Seamen, Coast Guardsmen, Commissioned Officers of Public Health Service.

Addict patients are not housed in Kolb Hall unless their treatment program requires special treatment by the staff in that unit.

Addict patients are sometimes assigned to work in Kolb Hall to assist in care of these patients.